

2002 MIAC Outdoor Track & Field Awards

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Women

Megan Daymont of St. Olaf was selected MIAC Women's *Most Outstanding Athlete* for her performance at the outdoor championship May 10-11. Daymont was a double champion in the 800 and 1500 and relay member of the Oles' second place 4 x 400 and 4 x 800 relays. She is currently ranked fourth nationally in the 800 and sixth in the 1500.

Laura Bloedorn of Carleton received honors for *Most Outstanding Performance* with a winning NCAA automatic qualifying time of 36:50 in the 10000. Bloedorn also was runner up for most outstanding athlete for her double champion performance in the 5000 and 10000.

Men

Luke Speltz of Gustavus was selected MIAC Men's *Most Outstanding Athlete* for his performance in the throws. Speltz recorded champion honors in the shot put and hammer and was second in the discus. Speltz is currently ranked seventh nationally in the shot put and second in the discus.

Also receiving top votes for most outstanding athlete were **Tom Kreger** of Hamline, double champion in the 5000 and 10000, and **Jerry Washington** of Gustavus, double champion in the 100 and 200 and a member of the Gusties second place 4 x 400 relay. Washington's performance in the 200 prelim was a meet record and ranks third nationally and was picked by MIAC coaches as *Most Outstanding Performance* of the Meet.

MIAC TRACK & FIELD COACH OF THE YEAR

The MIAC Outdoor Track & Field Championship was held May 10-11 at Gustavus Adolphus College. The St. Thomas men and women were both crowned team champions. St. Thomas coaches **Joe Sweeney** (women) and **Steve Mathre** (men) were selected MIAC Outdoor *Coaches of the Year*.